





**History** (helps determine treatment options)

**Musculoskeletal**

- Osteoporosis
- Arthritis
- Hypothyroidism
- Fibromyalgia
- Chronic Fatigue
- Gout in \_\_\_\_\_
- Bursitis
- Plantar Fasciitis
- Cysts/Lipomas
- TMJ
- Chronic Headaches
- Tendonitis
- Whiplash
- Strains/Sprains
- Chronic pain in:
  - Neck
  - Low-back
  - Mid-back
  - Upper-back
  - Hip
  - Arm
  - Leg
  - Shoulder
  - Wrist/Hand
- On computer more than 2 hrs/day. No. of hrs: \_\_\_\_\_

**Respiratory**

- Pneumonia
- Asthma
- Breathing Problems
- Sinusitis
- Other: \_\_\_\_\_

**Digestive**

- Ulcers
- Colitis
- IBS
- Crone's disease
- Gluten Intolerance
- Constipation
- Diarrhea
- Gallstones
- Gas/Bloating
- Chronic Indigestion

**Circulatory**

- Heart problems: \_\_\_\_\_
- Stroke
- Palpitations
- Mitral valve prolapse
- Anemia
- Hemophilia
- Hypertension
- Low Blood Pressure
- Peripheral Artery Disease
- Raynaud's Disease
- Varicose veins
- Blood clots/Phlebitis

**Skin**

- Fungal infections
- Athlete's Foot
- Impetigo
- Eczema/Dermatitis
- Psoriasis
- Easily irritated skin
- Other: \_\_\_\_\_

**Nervous System**

- Dizziness
- ALS
- Multiple Sclerosis
- Parkinson's disease
- Bell's Palsy
- Neuritis
- Spinal cord injury
- Trigeminal Neuralgia
- Seizures/Epilepsy

**Other**

- Diabetes
- Pregnancy
- Cancer
- Kidney disease
- Hepatitis
- HIV/AIDS
- Lupus
- Postoperative: \_\_\_\_\_
- Cystitis
- High stress
- Grieving
- Anxiety/Panic Attacks
- Bipolar syndrome
- PMS/Menopause difficulties
- Poor sleep/Insomnia
- Allergies affecting:
  - Facial skin
  - Body skin
  - Nose/Sinuses
  - Eyes
  - Stomach/Gut
- Orthopedic pins or plates
- Other: \_\_\_\_\_