



Beneficial Test	Name of Test
Overweight, Diabetes, Hypoglycemia	Fasting Glucose level
	Hemoglobin A1C
	Fasting Insulin level
Cardiac Issues	Cholesterol
	HDL differentiation
	LDL differentiation
	Lipoprotein (a)
	Apo B
	Lipo-PLA2
	Fibrinogen
	c-Reactive Protein
	Homocysteine
	Triglycerides
Thyroid	TSH
	Free T-3 Free Triiodothyronine
	Free T-4 Free Thyroxine
	Free-T7
	TPO
	Anti-Thyroid Antibodies
Bones/Immune system/Neurological	Vitamin D-3
Female Hormones	Estrone E1
	Estradiol E2
	Estriol >Estrone + Estradiol Healthy ratio
	Estriol E3
	Progesterone
	Testosterone
	DHEA -S
Adrenals	Cortisol (4X a day)
	DHEA-S
Male Hormones	Testosterone
	Estradiol E2
	PSA
	SHBG
	DHEA-S
	Cortisol (4X)